



# Operation Food Search

Healing Hunger. Strengthening Our Future.

## Students In Transition Care Kit

This care kit addresses the unique needs of students displaced from their homes who may be living in shelters, cars, hotels, or a variety of temporary living situations. These students need ready to eat foods that ideally don't require cooking, even in a microwave.

- Canned foods with POP TOPS: soups and chili with meat and/or beans, vegetables, fruit in natural juice, pasta with meat
- POP TOP cans/pouches: tuna, salmon, meats
  - Individual cracker and cheese packets
  - Individual cracker and peanut butter packets
  - Granola bars, especially with high fiber (+3 grams fiber per bar)
    - Peanut butter/jelly (in plastic jars)
  - Individual boxes of cereal: low sugar, high fiber cereal like Cheerios, Honey Nut Cheerios, Chex
- Beef and turkey jerky